

Eligible and Ineligible Over-the-Counter Items

Eligible Medical Items

The following items are eligible for reimbursement through the Health Care Reimbursement Account. To be reimbursed, you'll need to include a receipt that contains the name of the medicine or drug, the date, and the amount paid.

- Antacids, anti-gas, laxatives, stomach and intestinal medicines
- Allergy and asthma medicines, nasal sinus sprays
- Pain relievers: topical creams and oral medicines
- Cough drops, throat lozenges, cough syrup, cold medicines, flu relief
- Nicotine gum or patches for smoking cessation purposes
- Special ointment or cream specifically for sunburns
- Electrolyte drinks for child's dehydration
- Antibiotic cream, cortisone cream, first aid spray, calamine lotion, bug bite medication
- Visine, allergy eye drops, contact lens cleaning solution
- Suppositories and creams for hemorrhoids
- Sleeping pills (to treat occasional insomnia)
- Motion sickness pills
- Bandages, first aid kits, cold/hot packs for injuries, rubbing alcohol

Eligible Medical and General Items

The following items are eligible for reimbursement through the Health Care Reimbursement Account. To be reimbursed, you'll need to include your doctor's written authorization stating your specific medical condition and the over-the-counter item recommended to treat the condition.

- Weight-loss drugs to treat a diagnosed disease (i.e., obesity)
- Feminine hygiene products (i.e., for use after surgery, child birth)
- Sunscreen (i.e., persons diagnosed with skin cancer)
- Acne treatment (rarely reimbursable)
- Joint supplements for diagnosed joint condition (i.e., Arthritis)
- Over-the-counter hormone therapy
- Dietary supplements to treat a specific medical condition (i.e., Vitamin B prescribed for treatment of scurvy)
- Prenatal vitamins
- Fiber supplements to treat a specific medical condition for a limited time

General Items Not Eligible

The following items are not eligible for reimbursement through the Health Care Reimbursement Account:

- Toothpaste, toothbrushes, dental floss
- Make-up, lipstick, eye cream
- Face cream, moisturizers, suntan lotion
- Perfume, body sprays, deodorants
- Shampoos and soaps
- One-a-day vitamins